

Perris Union High School District 2022/2023 LUNCH MENU

Menu Cycle #1 August 5, 2022 - October 28, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Enchirito w/Spanish Rice	Fried Chicken Drumstick w/Mashed Potatoes	Cheeseburger Mac	Orange Chicken Bowl w/ Fried Rice Egg Roll	Mascot Hot Wing, Mozzarella Sticks & Onion Rings
Spicy Chicken Sandwich	Cheeseburger	Spicy Chicken Sandwich	Cheeseburger	Spicy Chicken Sandwich
Pizza	Pizza	Pizza	Pizza	Pizza
Yogurt Parfait W/Fruit & Granola	Yogurt Parfait w/Fruit & Granola	Yogurt Parfait W/Fruit & Granola	Yogurt Parfait w/Fruit & Granola	Yogurt Parfait W/Fruit & Granola
Deli Sandwich	S.W. Chicken Salad	Deli Sandwich	Chicken Caesar Salad	Deli Sandwich
Uncrustable	Uncrustable	Uncrustable	Uncrustable	Uncrustable
Savory Crackers	Savory Crackers	Savory Crackers	Savory Crackers	Savory Crackers
Sidekicks	Nectarines	Tangerines	Pears	Sidekicks
Plums	Peaches or Mixed Fruit	Apples	Dried Craisins	Oranges
Green Veg/Carrots	Grape Tomatoes/Carrots	Cucumbers/Carrots	Green Veg/Pinto Beans	Carrots/Corn

Students must take a ½ cup fruit or vegetable with each lunch. Menus may vary and are subject to change. All entree products are whole grain. This institution is an equal opportunity provider and employer.